

Press Release

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“GO RED” AT ELLIS MEDICINE **Friday, February 5, 2010**

As a leading area heart hospital, Ellis Medicine is joining the national celebration of “Go Red for Women Day” and the battle against cardiovascular disease - the #1 killer of women in America.

"GO RED FOR WOMEN DAY", Friday, February 5, 2010, is part of the American Heart Association's efforts to raise awareness about women and heart disease.

At Ellis Medicine, we feel that GO RED FOR WOMEN is more than just a day. It can be the beginning of a heart-smart lifestyle that will help women live longer ---and stronger. We want women to take this message to heart. Here's how we'll be celebrating "GO RED FOR WOMEN DAY": at Ellis Hospital, 1101 Nott Street, Schenectady:

- **Ellis Medicine Senior Team members will hand a carnation to every woman who enters the cafeteria from 11 am to 1 pm, Friday, February 5.**

Plus, we are offering the following interviews:

- **46 year old Suzanne DeVito:** when you meet her, you wouldn't think she'd be a candidate for a heart attack. She's a nurse, she ate right, exercised regularly -- **and she had a heart attack in December as she was cooking dinner.** She's got a compelling story and a heartfelt message for women about taking care of themselves, knowing their family history and ***not*** ignoring the warning signs.
- **Dr Michael Holmes,** cardiologist: provides expert information on women and heart disease, including how sometimes heart attack symptoms can appear different in women.

Ellis is one of the few hospitals in the region that delivers a comprehensive program for treatment of heart disease. Our cardiac team offers complete cardiac care; from diagnosis and treatment to recovery and follow up:

- *Rapid and accurate diagnosis of chest pain*
- *Door to Balloon times faster than the national goal -- our Cardiac Catheterization team opens clogged coronary arteries in as few as 20 minutes.*
- *Open heart surgery*
- *Minimally-invasive heart surgery*
- *Electrophysiology procedures to treat irregular heartbeat and other “electrical” heart issues.*
- *Cardiac Rehabilitation, including risk factor and lifestyle education*